



**dark sky  
ecotourism**

# Module 4 – Experience from Ireland

## Exploring Ireland's Natural Wonders at Night

*Moonwalking Ecotourism Adventure*



Dark Sky Ecotourism VET  
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# INTRODUCTION

Night hiking experiences in Ireland provide a unique way to engage with the rich heritage and astronomical significance of the land.

Traverse landscapes filled with history and soak in the natural beauty while your torches light the way.

The absence of light pollution allows the stars to shine brightly, and the distant village lights add to the charm of the experience as you walk along the mountaintops.



Ireland is renowned for its lush landscapes, rich history, and unique blend of nature and culture. Escape into the night sky with Dark Skies Ecotourism.

Ecotourism helps preserve the natural and cultural heritage in any country by striving to minimise negative impacts on the environment, such as reducing waste, conserving natural resources, and protecting fragile ecosystems.

While also promoting responsible travel and awareness as well as job creation and sustainable incomes of the local area.



# DESTINATION

Destination is always important for any type of nighttime activities.

Ireland, a captivating destination, is celebrated for its unspoiled natural beauty that beckons explorers and adventure-seekers.

Its landscapes are as diverse as they are breathtaking, offering a rich tapestry of natural wonders that showcase the true beauty of the Emerald Isle even at nighttime.





# Natural Forests

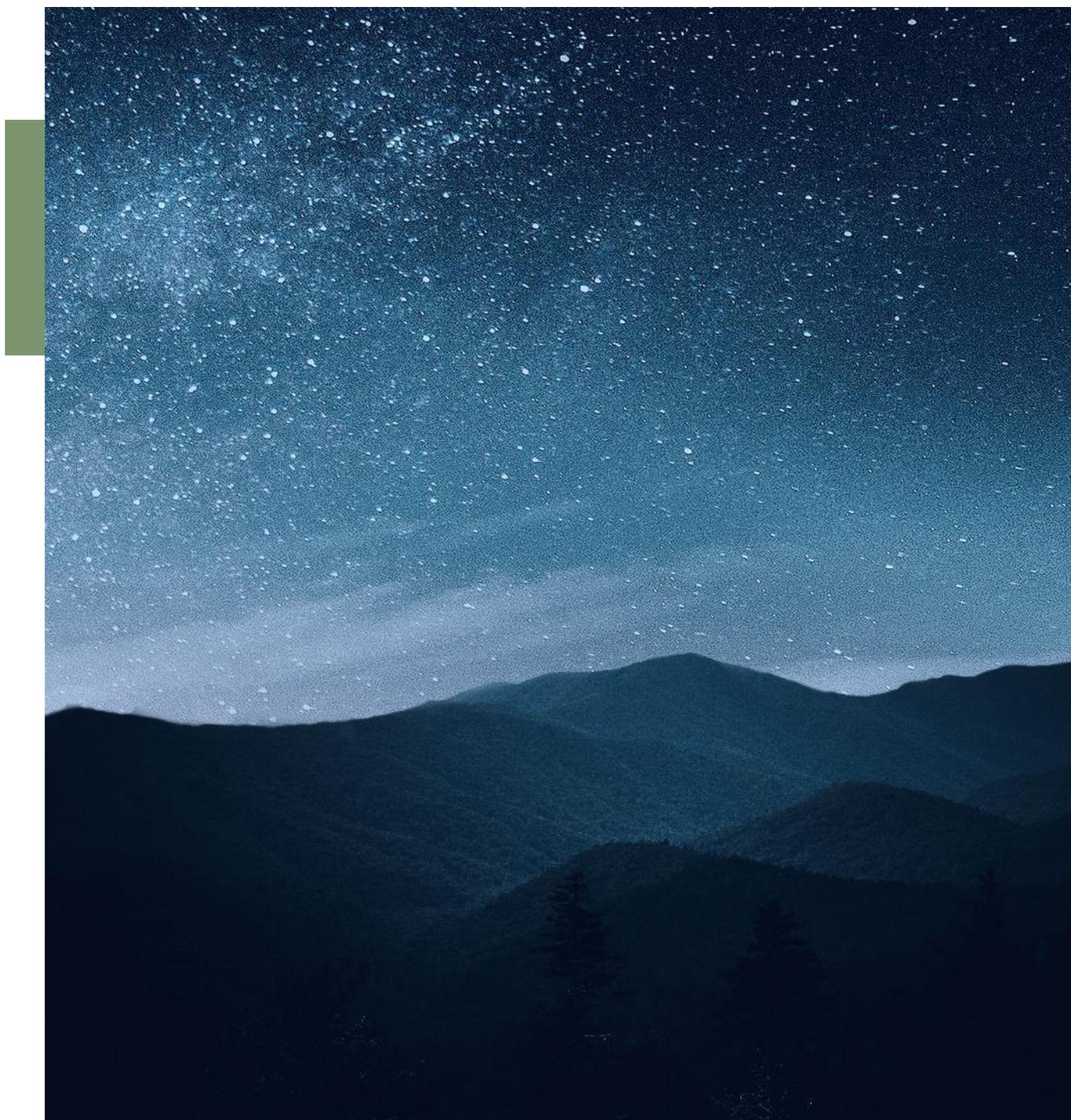
Ireland's lush and ancient forests, with their canopies of green, provide a sanctuary for wildlife and an enchanting backdrop for those who seek to immerse themselves in nature's embrace.

Some forests that could work for your moonwalking:

- [St John's Wood, Roscommon](#)
- [Slish Wood, Sligo](#)
- [Lough Key Forest Park, Roscommon](#)
- [Avondale Forest Park, Wicklow](#)

# Rolling Hills & Mountains

The gentle, rolling hills of the Irish countryside are an invitation to leisurely walks, offering panoramic vistas of the pristine countryside and the feeling of serenity that only open landscapes can provide.





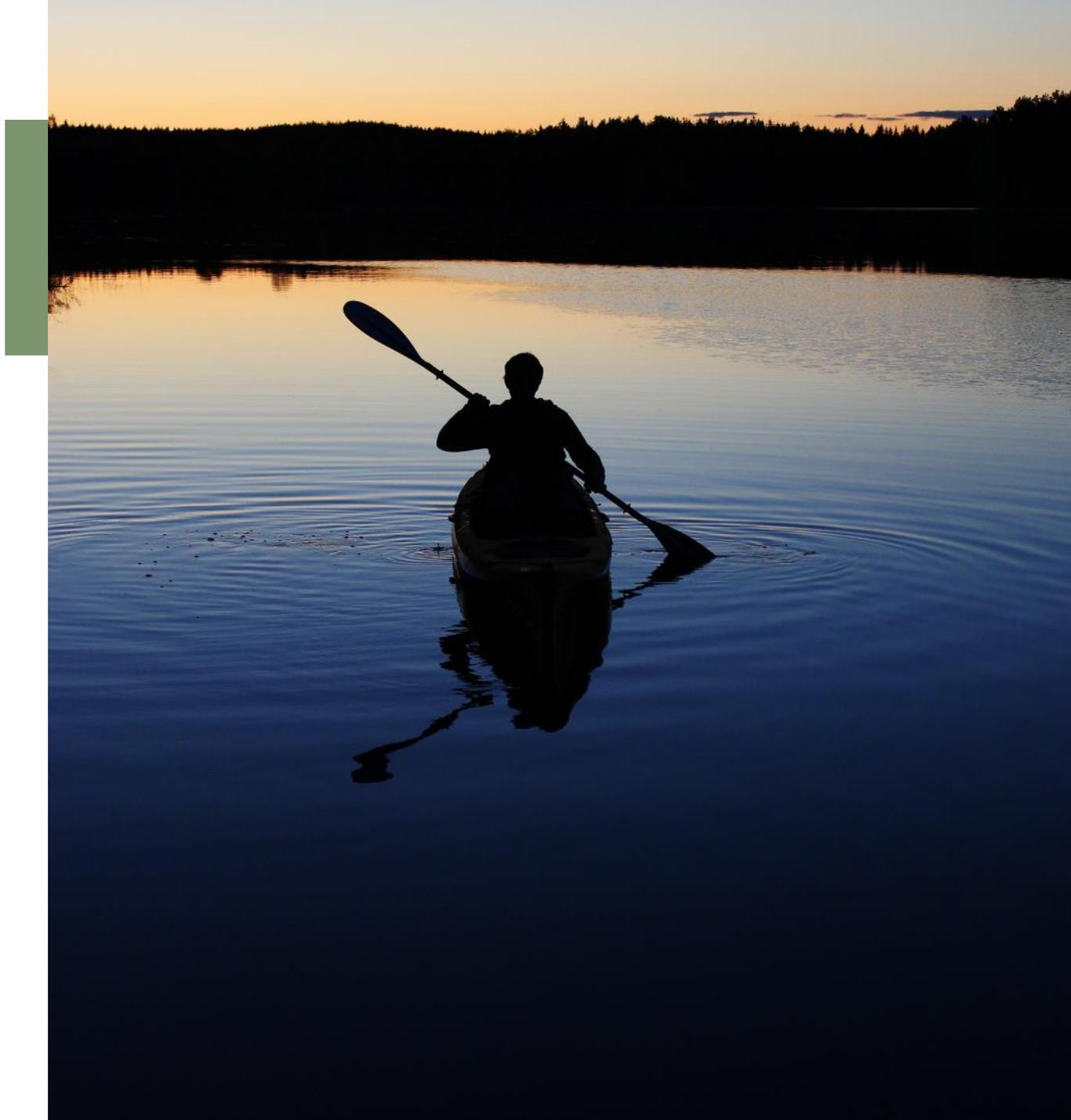
## Dramatic Coastlines

Ireland boasts some of the world's most dramatic coastlines, with towering cliffs, hidden coves, and sweeping seascapes.

The gentle crash of the waves and the salt-scented breeze make the coastlines truly awe-inspiring.

## Serene Lakes

The tranquil lakes of Ireland mirror the surrounding landscapes, offering opportunities for peaceful reflection, water activities, and encounters with a diverse range of flora and fauna.



# Before departure: You'll need a checklist.

- A torch and spare batteries.
- Backpack to carry water, snacks and spare items of clothing.
- Water and some snacks
- Wear warm outdoor clothes. Insulating layers, at least one mid-weight and one warm fleece layer. (have a spare fleece insulated jacket in your pack)
- Hiking boots or appropriate footwear for trails
- Warm winter socks (spare pair in your pack)
- Appropriate trousers for hiking
- Waterproof jacket with a good hood.
- Hat and gloves

# Moonwalking Example

Explore the beauty of the starlit sky while delving into the wonders of astronomy and the celestial beliefs of our ancestors.

Gain insights from a professional night sky photographer, perfect for photography enthusiasts looking to enhance their skills. Don't forget to bring your cameras along, as this adventure provides an ideal opportunity to capture the splendour of the night.

Guided by torchlight, we'll traverse an ancient landscape steeped in history and astronomical significance.

[North West Adventure Tours](#)

